

COMMUNITY HEALTH IMPROVEMENT PLAN

YEAR 1 OF 5

The Community Health Improvement Plan prioritizes mental health and substance abuse, and emphasizes partner collaboration to help identify resources to improve resident health.

MENTAL HEALTH

ADVERSE CHILDHOOD EXPERIENCES (ACES)

Public Health partnered with community organizations to train individual ACE presenters to help educate about ACEs and empower action to raise community awareness and foster healthy environments for children and families.



MENTAL HEALTH

RESOURCE MAP

Public Health identified existing regional mental health resource maps and shifted the focus to promoting the resources through partner meetings, events, and awareness campaigns like Mental Health Month and Suicide Prevention Week.

SUBSTANCE ABUSE

OPIOID DATA FOR POLICY CHANGE

Public Health prioritized data collection like naloxone usage, opioid-related deaths, emergency room visits, and hospitalizations. The data supports the opioid advisory committee and can help inform substance abuse policy changes.



SUBSTANCE ABUSE

LOCAL AND STATE POLICY REVIEW

Public Health prevention efforts focus on a comprehensive school policies, strategic plans, and handbooks review to ensure best practice alignment, and systemic changes like Minnesota Student Survey participation. Local ordinance assessment can help build a substance abuse prevention foundation.

CONCLUSION

Public Health established a strong foundation to help address mental health and substance abuse with collaboration, data collection, education, and advocacy to build healthier communities.

